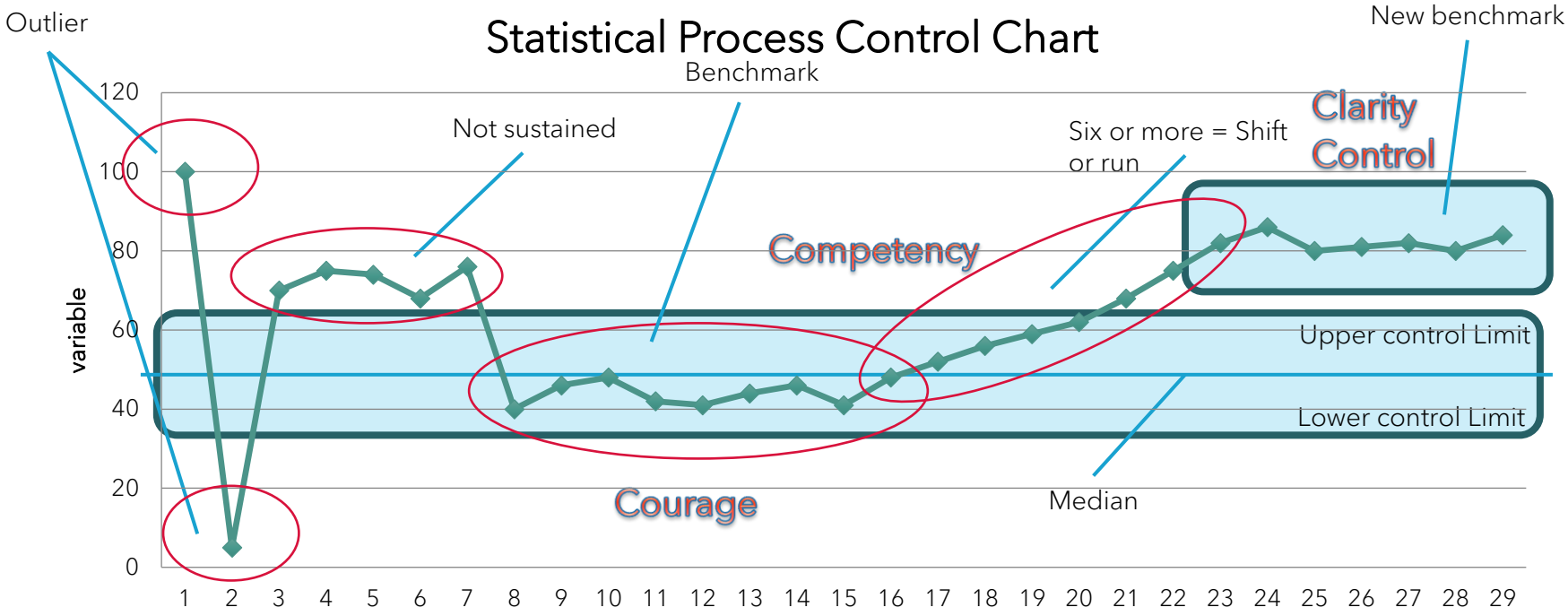


Those who do not move do not notice the chains

HCoP – How to Evaluate Co-creation

Changing Futures Sussex

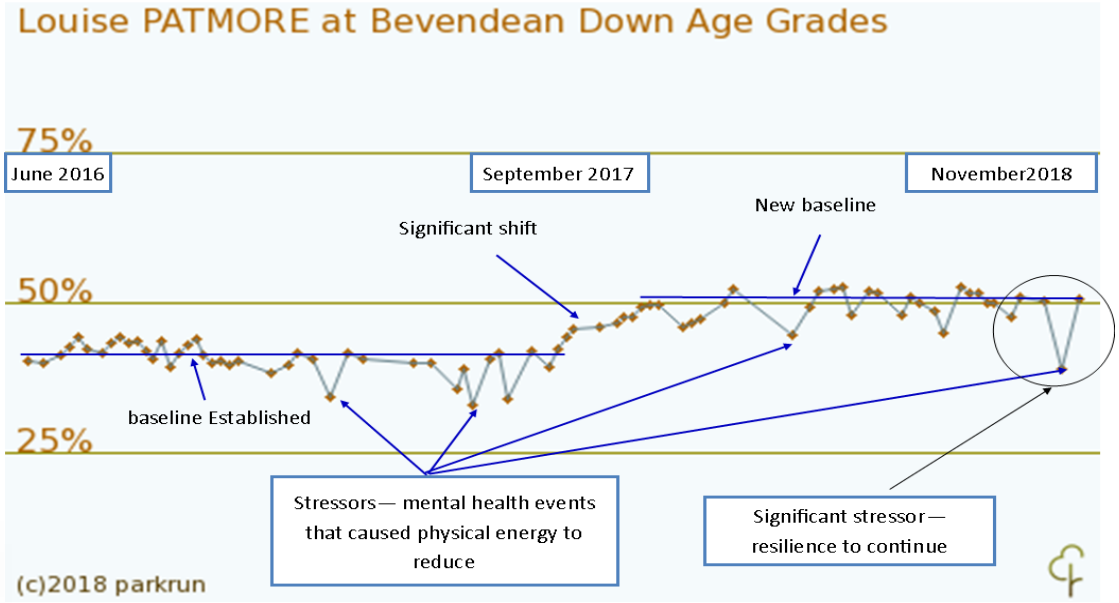

Statistical Process Control Chart
Outlier
New benchmark
Benchmark
Not sustained
Six or more = Shift
or run
Clarity
Control
Competency
Upper control Limit
Lower control Limit
Courage
Median
variable
120
100
80
60
40
20
0
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29

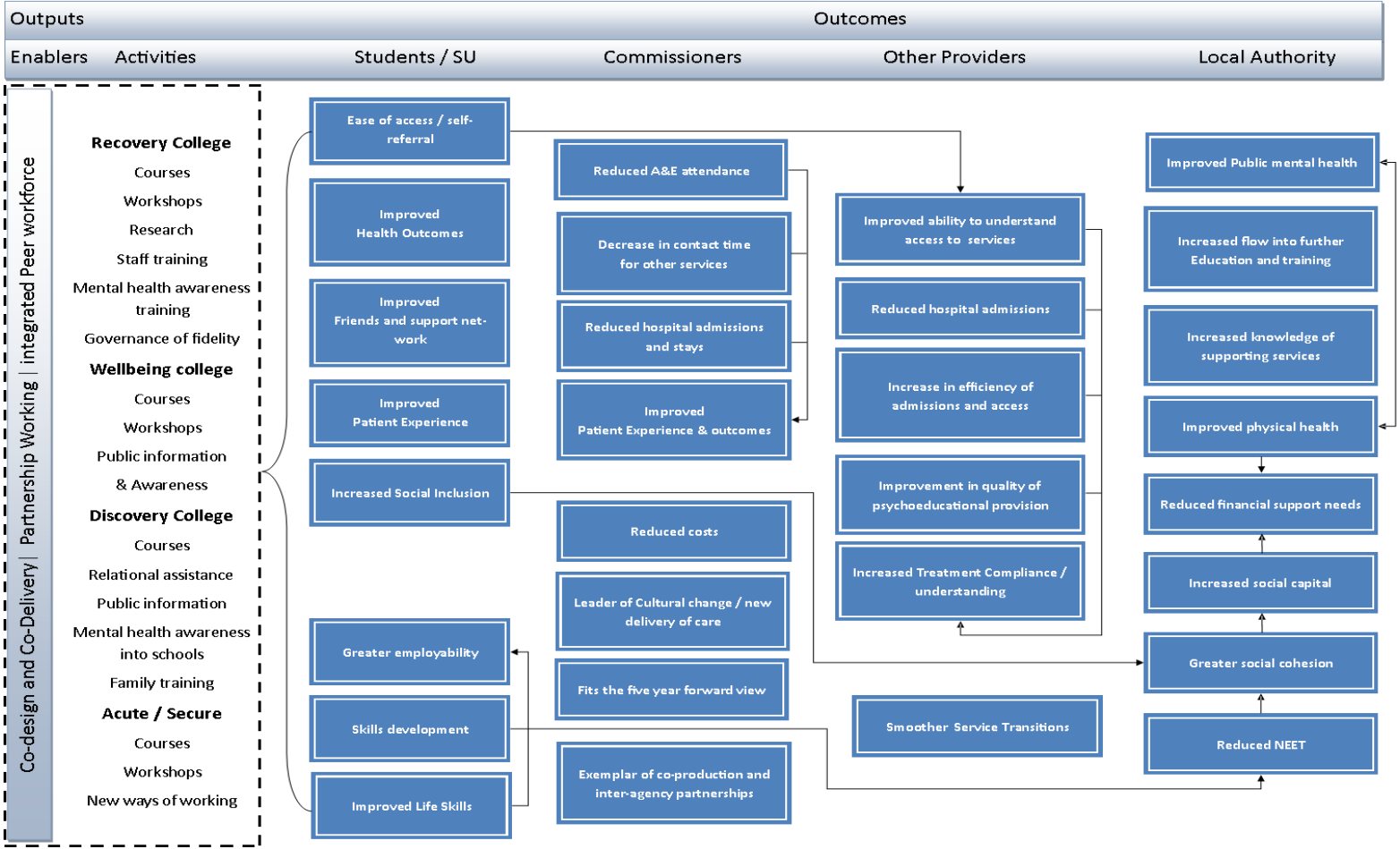
Goals: Achievable to unimaginable



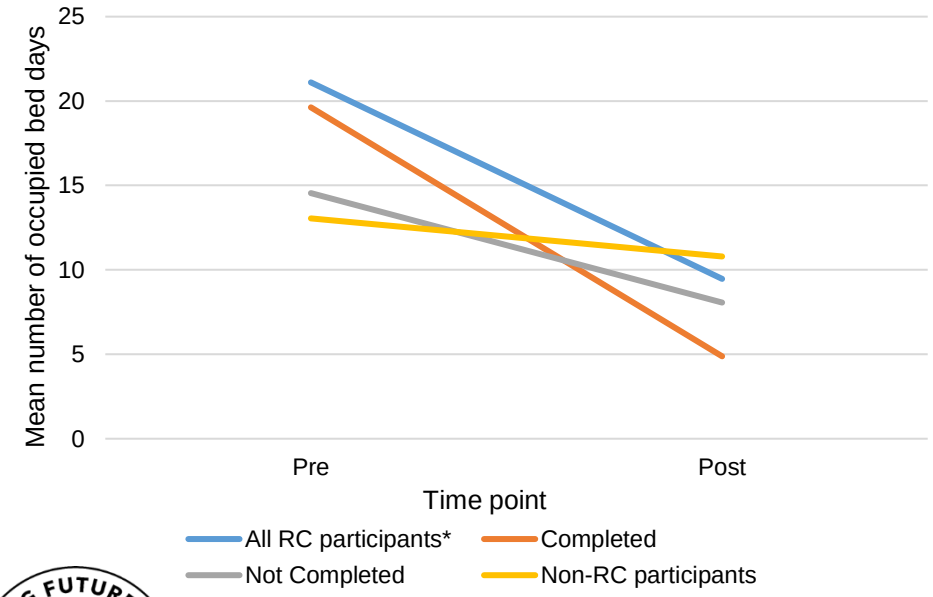


Running for recovery




Outputs
Outcomes
Enablers
Activities
Students / SU
Commissioners
Other Providers
Local Authority
Co-design and Co-Delivery | Partnership Working | integrated Peer workforce
Recovery College
Courses
Workshops
Research
Staff training
Mental health awareness training
Governance of fidelity
Wellbeing college
Courses
Workshops
Public information & Awareness
Discovery College
Courses
Relational assistance
Public information
Mental health awareness into schools
Family training
Acute / Secure
Courses
Workshops
New ways of working
Ease of access / self-referral
Improved Health Outcomes
Improved Friends and support net-work
Improved Patient Experience
Increased Social Inclusion
Greater employability
Skills development
Improved Life Skills
Reduced A&E attendance
Decrease in contact time for other services
Reduced hospital admissions and stays
Improved Patient Experience & outcomes
Reduced costs
Leader of Cultural change / new delivery of care
Fits the five year forward view
Exemplar of co-production and inter-agency partnerships
Improved ability to understand access to services
Reduced hospital admissions
Increase in efficiency of admissions and access
Improvement in quality of psychoeducational provision
Increased Treatment Compliance / understanding
Smoother Service Transitions
Improved Public mental health
Increased flow into further Education and training
Increased knowledge of supporting services
Improved physical health
Reduced financial support needs
Increased social capital
Greater social cohesion
Reduced NEET

Students use services less after attending Recovery College



- Recovery College group had greater improvements than non-recovery college

All $p<0.02$, $r>0.1$, N=463

I am we statements

When I arrive at this meeting…
I want to know what is the purpose of the meeting?
How will I know when we have got there?
I want to know what the overall vision is?
I want to know how this is going to improve the service?

When I leave this meeting
I want to know what success looks like?

Actions
At the end of this meeting we will have….

We statements
What would we tell others we did?
3 agreed achievements or people would need to know.

What are the barriers?

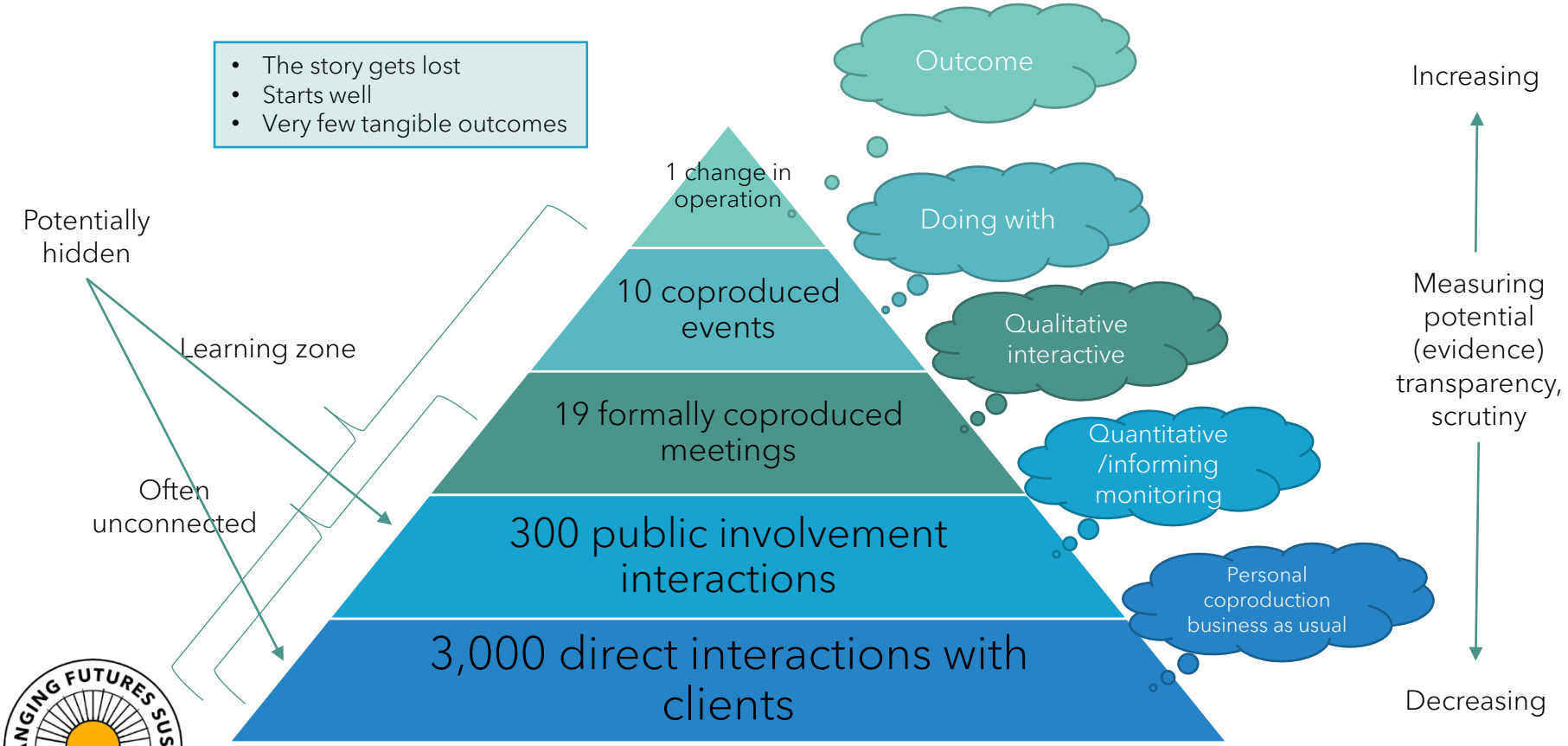
- System Legitimacy
- Quantitative versus qualitative
- Subjective effectiveness
- Prejudice and assumptions
- “We don’t want them in here in case it doesn’t go the way we want”

Solutions

- Need to live with uncertainty
- Work with Hunches and theories
- Triangle of knowledge
- Patience
- Benchmarking
- Using other data resources as indicators
- Reverse engineer programmes – the “unconference”

Patmore's coproduction triangle

- The story gets lost
- Starts well
- Very few tangible outcomes



Estar Temporary Accommodation welcome pack East Sussex

- Coproduced how to access support
- How to access skill development

- Filtered through Trauma informed language improvements made.
- Changing futures lived experience network

- Change tools, pre post audit, benchmarking incidents and housing sustainability