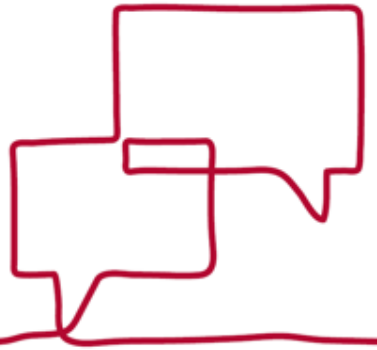
St Martin in the Fields Frontline Network Partner

Justlife

Becoming Psychologically Informed from the Ground Up

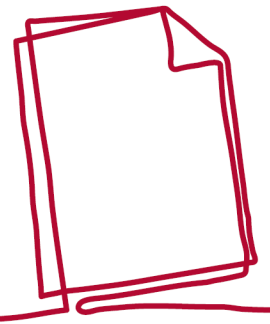
Kate Standing
Networks Manager, Justlife
Brighton & Hove Frontline Network



Frontline Network

The Frontline Network - support workers from the public, statutory and voluntary sectors working on the frontline with those experiencing homelessness.

Funding, community and resources.



Brighton & Hove Frontline Network

- Running since 2017
- Regular events and monthly newsletters
- Workers across whole city. Including…
  - VCSE organisations – large and small
  - Housing Department
  - Health
  - DWP
- Not just homelessness and housing – part of wider landscape of support
- Workers tell us what they want us to focus on



Key themes?

Trauma informed Care

PIE (psychologically informed environments)

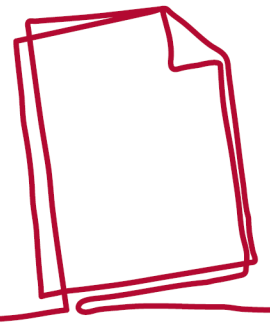
Co-Production

Lived Experience

Staff Wellbeing

Reflective Practice

Strengths Based Practice



How?

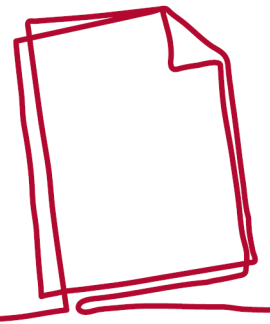
Events – workshops/spaces to share experience

Training – be creative

Newsletters – be brief and focused

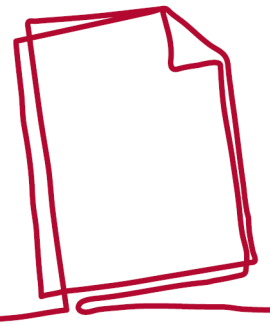
Loads of 1-2-1 email conversations

Connect in with other networks and conversations locally and nationally



Who?

- Other local networks – *Digital Inclusion, Mental Health, food security*
- Local Programmes – *Changing Futures, Fulfilling Lives, Common Ambition*
- Interagency meetings – ground and strategic level
- Connect in with other networks and conversations locally and nationally
- ***Find the allies***

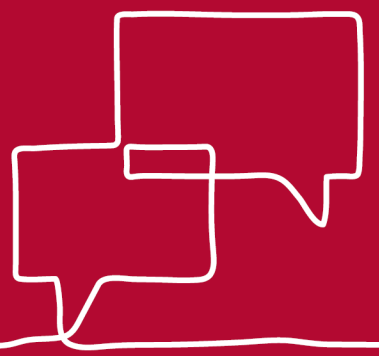


Helpful resources and tools:

Homeless Link – Knowledge Hub

Frontline Network – Free Training, Conference, Other networks

PIELink – An online community of practice with lots of resources and PIZAZZ – self assessment tool



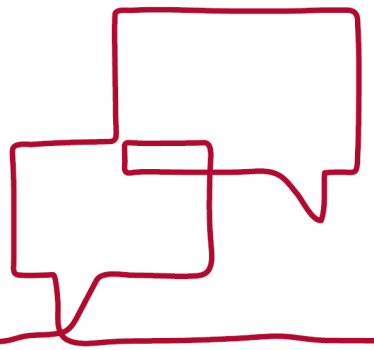
5 main themes & 15 practice elements of PIEs 2 (PIELink):

Psychological awareness	Emotional awareness (aka active empathy) Engagement approaches and techniques Psychological model(s)
Staff training & Support	Staff training Staff support
Learning & Enquiry	Reflective practice and action learning Developing a culture of enquiry Evidence generating practice **Sector engagement**
Spaces of opportunity	The built environment and its social spaces Surroundings and networks **Pathways and systems coherence**
The Three Rs	The day-to-day written operating procedures of the service Available staff and user roles created in the service Responsiveness – the overall flexibility of the service



It’s a journey…

- **Opportunities** for conversations and learning, not just training.
- Facilitating **spaces** to build **networks**, **trust** and **understanding**.
- **Different approaches** and **different points of contact** to reach the widest number.



Thank you

Any questions, feel free to contact me:

kate@justlife.org.uk

